# **Botfly: Oestridae**

- They are commonly known as **bot flies**, **warble flies**, **heel flies**, **gadflies**.
- The word "bot" means a maggot.
- A warble is a skin lump or callus which is caused by the presence of warble fly maggot inside the skin.
- The infestation of any fly larvae inside the body is known as myiasis.
- The human bot fly, *Dermatobia hominis* is responsible for myiasis in human.
- The human bot fly is native to Central and South America.
- The fly do not transmit pathogens, but the larvae of *D. hominis* infest the skin of mammals and live out the larval stage in the subcutaneous layer, causing painful pustules (bumps) that secrete fluids.
- The larvae of some species grow in the flesh of their hosts, while others grow within the hosts' alimentary tracts.

# BODY CHARACTERISTICS AND LIFE CYCLE

#### **Adults:**

Hairy, 12-18 mm long in length with a wide array of colors. The face is yellow with a metallic blue abdomen and orange legs. Adult have extremely sensitive antennae which help male and female to find each other quickly. During the adult stage, *D. hominis* does not feed.

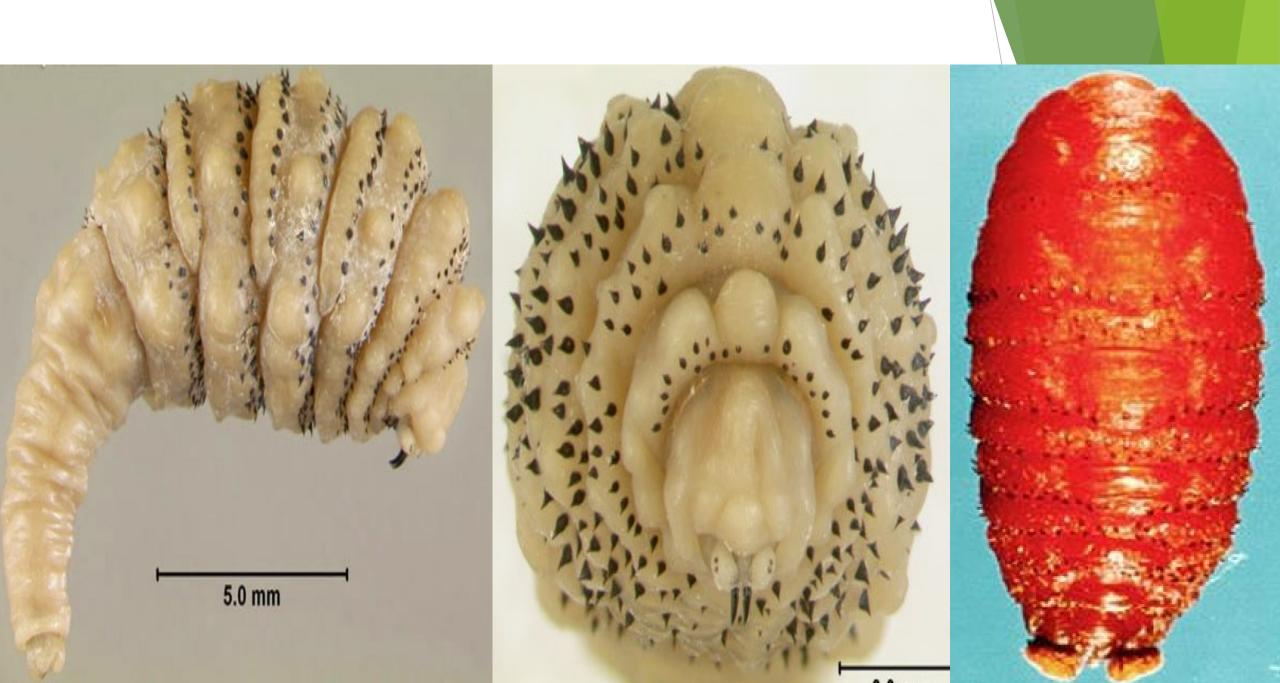
Hosts: Hosts are warm-blooded animals including buffalo, cattle, cats, dogs, humans, monkeys, pigs, rabbits, sheep, cattle and dogs.

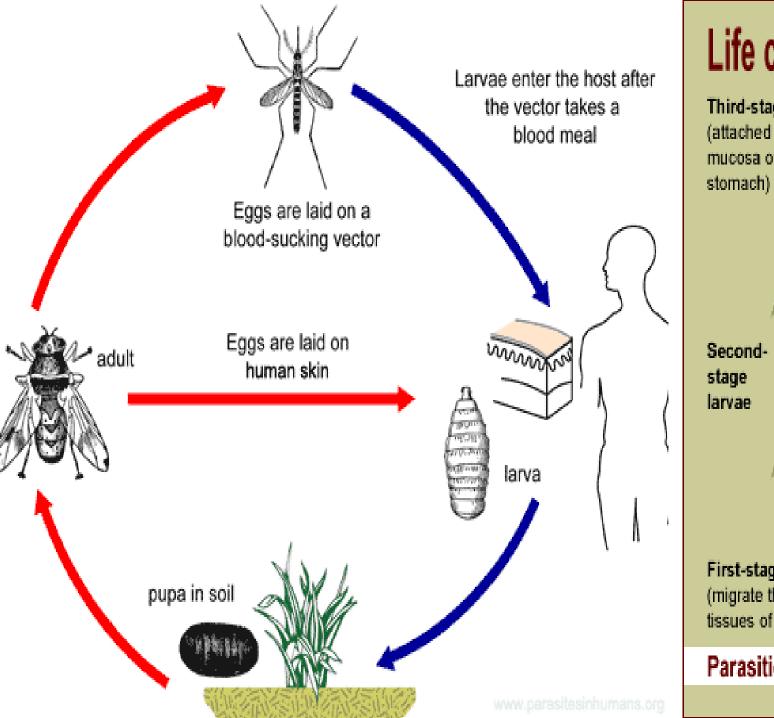
#### Egg:

- The egg of the bot fly is creamy colored and oval in shape.
- Egg is attached to different species of blood-feeding insects (mosquito or a tick) captured by the female bot fly. This behavior is known as **phoresy**.
- The eggs, usually attached to the ventral side of the body, hatch when the insect carrying the eggs begins to blood feed on a warm-blooded host.

#### Larva:

- The larva feed on tissue exudates. It burrows into the skin through the bite wound or hair follicles. It breath through 2 posterior spiracles.
- A white maggot undergoes through three instars once in the mammalian host. Each instar possesses backward projecting spines that encircle the thorax.
- The first instar is worm-like with a bulbous end. The second instar larva has a bottle-neck shape. The third instar is cylinder shaped.
- After 7<sup>th</sup> day of infestation, the larvae molt in to 2<sup>nd</sup> instars, and then to 3<sup>nd</sup> instar after 18 days.
- After 30 day interval, 3<sup>rd</sup> instar larvae crawl out from the host body and pupate in the soil. Generally, the life of the larvae inside the host takes 5-12 weeks.
- **Pupa:** It have prominent anterior spiracles. Pupation takes place in the ground and the pupae do not feed. Adults will emerge after two to three weeks.





# Life cycle of Gasterophilus species (Bots)

Third-stage larvae (attached to the mucosa of the

Bot larvae release hold and pass out in feces

Pupae (in soil)

**Entire cycle** takes one year (mate, then females. lay eggs on hair of horses)

Adult Flies

First-stage larvae (migrate through the tissues of the mouth)

Eggs hatch and larvae enter the horse's mouth

Eggs contain first-stage larvae

Parasitic Stages

Free-living Stages

## **SYMPTOMS**

- Dermatobia hominis larvae cause a raised lesion in the skin that becomes hard and sometimes painful.
- In some cases the patients can feel the larvae moving when they shower or cover the wound.
- The host reacts with elevated white cell counts and a high amount of macrophages can be found around the wound. For this reason, the lesion often secretes pus.

### TREATMENT

#### **Conventional Methods**

- The most conventional way of removing the larvae is with a simple surgical procedure that includes local anesthesia. Using a scalpel to cut a slit to enlarge the wound, the larvae can be taken out.
- Dermatobia hominis survives in its host by breathing through spiracles that are flush with the skin. In order to coax the larva out, the spiracles need to be covered. They can be covered with bacon, petroleum jelly, beeswax, or any other thick substance that prevents the larvae from breathing. The larvae will come up out of the lesion to breath. It can be removed with forceps.

### Modern Technique for treatment

- Larva may be popped out by applying pressure around the wound. Use two wooden spatulas to apply pressure to pop the larva out.
- Lidocaine injections can be used underneath the cyst. This creates pressure that pushes the larva out.
- After any of these 2 procedures, antibiotics are given to prevent further infection. The wound should heal in 1-2 weeks with little or no scarring.

### **Management**

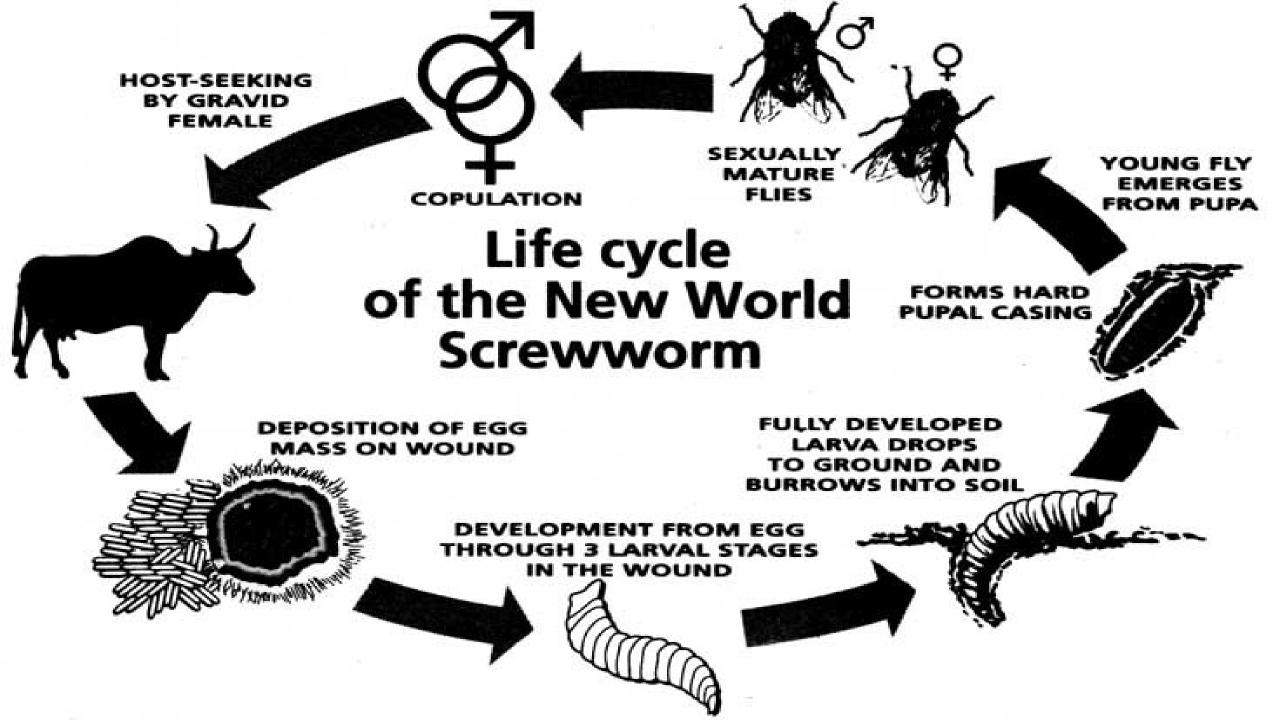
Travelers to botfly infestation regions and people residing in those areas need to take preventive measures, including applying insect repellent and wearing protective clothing

### **SCREW-WORM FLY**

- Cochliomyia hominivorax, screw-worm fly, or screw-worm is parasitic fly whose larvae (maggots) eat the living tissue of warm-blooded animals.
- A female can lay up to 3,000 eggs and fly up to 200 km (120 mi) during her life.
- There are 5 species of *Cochliomyia*
- Infestation of a live vertebrate animal by a maggot is technically called *myiasis*.
- It is called screw-worm because larvae burrow or "screw" deeper into victim flesh.
- Screw-worm maggots only attack healthy tissue. It do not attack dead tissue in any case.

### LIFE CYCLE

- **Eggs**
- Females lay 250-500 eggs/batch in exposed flesh of warm-blooded animals, including humans, such as in wounds and the navels of newly-born animals.
- Larvae
- The larvae hatch and burrow into the surrounding tissue as they feed.
- The maggots are capable of causing severe tissue damage or even death to the host. After 3-7 to seven days of hatching, the larvae fall to the ground to pupate.
- Pupa
- The pupae reach the adult stage about seven days later.
- Adult
  - Female mate within 4-5 days after hatching. The entire life cycle takes 20 days.



## MANAGEMENT

- During the cold months when screwworm fly activity is negligiable. Breeding of livestock must be timed in such away that newborn animals were born during the cold months of the year.
- Human-induced wounds from branding, dehorning, castrating, earmarking and shearing should be done only in cold months.
- Animals should be inspected routinely for the presence of wounds and screwworm infestations. Wounds should be prophylactically treated.
- Use benzol and pine tar oil to treat screwworms infested wounds.

### **MYIASIS**

- Frederick William Hope coined the term *myiasis* in 1840
- Myiasis is defined as the parasitic infestation of organs and tissues of humans or animals by dipterous larvae for a period of time. The host my be living, necrotic or dead.
- Some flies are attracted to open wounds and urine or feces soaked fur of victim.
- Some flies species (botfly, blowfly and screwfly) can infest unbroken skin and have even been known to use moist soil.
- Myiasis is classified in various types. Such variations depend largely on the fly species and where larvae are located. Some flies lay eggs in open wounds, other larvae may invade unbroken skin or enter the body through the nose or ears, and still others may be swallowed if the eggs are deposited on victim lips or food.

### LIFE CYCLE

- The female flies lay their eggs on the sheep in damp, protected areas of the body that are soaked with urine and feces, mainly the sheep's breech (buttocks).
- It takes 8 hrs 1 day for the eggs to hatch, depending on environmental conditions.
- Once hatched, the larvae then lacerate the skin with their mouthparts, causing open sores.
- Once the skin has been breached, the larvae then tunnel through the sores into the host's subcutaneous tissue, causing deep and irritating lesions highly subject to infection.
- Bacterial infection starts after 2<sup>nd</sup> day. If it is left untreated, **toxemia** (presence of blood toxins) or **septicemia** (infection in lungs, abdomen, and urinary tract) results in victim body. This leads to **anorexia** (loss of appetite) and weakness and is generally fatal if untreated.

### **CLASSIFICATION OF MYIASIS**

Classification according to the part of host that is infected

#### 1. CUTANEOUS

- Creeping myiasis: where larvae burrow through or under the skin. It involves the migration of fly larvae underneath the skin.
- Furuncular, where a larva remains in one spot, causing a boil-like lesion. the "tumbu fly" *Cordylobia anthropophaga* penetrate healthy skin and produce itchy sores that develop into painful boil-like lesions or furuncles, hence the term furuncular myiasis.

#### 1. DERMAL

2. SUB-DERMAL

#### NASOPHARYNGEAL/ NASAL MYIASIS

- It is nasal cavity infestation by *S. haemorrhoidalis* which oviposit either directly within the nasal cavity or in the vicinity while the patient is sleeping.
- The endoscopic use of forceps remove the maggots manually.
- Turpentine solution is also used to kill the maggots.
- ► AURICULAR/ AURAL MYIASIS, OR OTOMYIASIS.
- It involves infestation of external ear and/or middle ear. The eggs or larvae are oviposited around the aural cavity. Deafness may occur and penetration within the central nervous system results meningitis and eventually death.
- Aural myiasis must be treated by the manual extraction of the larvae irrigation of the ear with saline, 70% ethanol, 10% chloroform, normal saline, oil drops, urea, dextrose, creatine, topical ivermectin, or iodine saline has been used to help remove the maggots.

#### ► OPHTHALMIC MYIASIS/ OPHTHALMOMYIASIS

- It is infestation of anterior or posterior segment of the eyeball. The larva may be seen in the anterior segment and the vitreous and subretinal space.
- The larva is destroyed by laser photocoagulation.
- GASTRIC/ RECTAL/ OR INTESTINAL/ Gastrointestinal MYIASIS
- It occurs by ingesting contaminated food and infestations may be persistant if left untreated. 20 species of *Sarcophaga* cause gastrointestinal myiasis. Presence of larvae in fresh stool and rectal area can diagnose it.

#### UROGENITAL MYIASIS

- It is the infestation of genitourinary tract of males and females by dipteran larvae.
- Endoscopic imaging should be performed to diagnose and treatment. Broad antibiotic treatment is recommended to prevent secondary infections.

- Classification on the basis of relationship between the host and the parasite
- Obligatory myiasis: where the parasite need a living animal/human host to complete certain part of its life cycle e.g. screw worm. Obligatory myiasis may be Specific, Semispecific, or Opportunistic.
- Facultative myiasis: Incidental, or accidental, a living host is not essential for parasite to complete its life cycle. Normally a free-living parasitic larva accidentally gain chance to enter the living host and results myiasis.
- Accidental myiasis/ Enteric myiasis/ pseudomyiasis: The invasion of body orifices especially when the larvae cannot complete their development. Accidental myiasis commonly is enteric, resulting from swallowing eggs or larvae with one's food.
- One cause of pseudomyiasis is ingestion of cheese fly maggots. Pseudomyiasis leeds to significant medical symptoms.

### **PREVENTION**

- Poor sanitation is the most important risk factor for myiasis. Lack of basic sanitation and inadequate garbage disposal, leaving organic material exposed, attract insects and small animals. Adequate sanitation can be adapted by combined effort of government, population, and education programs.
- Emptying and steam cleaning of dumpsters on regular basis must be adapted. Washing food before consumption, storing food in adequate receptacles, wounds must be cleaned and dressed regularly.
- In regions of endemicity, sleeping nude, outdoors, and on the floor should be avoided. Use of screens and mosquito nets is essential to prevent flies.
- Application of insect repellents containing diethyltoluamide (DEET).
- Drying clothes in bright sunlight and ironing them are effective methods of destroying occult eggs laid in clothing by *C. anthropophaga*.
  - Sterile insect technique by ionizing radiation has been highly successful.